

4th June 2024

Dear Parents,

Our school follows the PSHE scheme of work called 'Jigsaw'. Over the course of the year, all children take part in a range of topics: being me in my world, celebrating differences, dreams and goals, healthy me, relationships and changing me which includes sex education.

During this half term, class teachers will be covering the 'Changing Me' units for each year group that they teach. The table below shows the content that is covered during these topics.

Changing Me

- Year 1 - life cycles in nature, changes since a baby, boys and girls' bodies - naming of body parts using correct terminology
- Year 2 - life cycles, growing young to old, boys and girls' bodies, assertiveness, looking ahead
- Year 3 - how babies grow, outside body changes, inside body changes, family stereotypes, looking ahead
- Year 4 - how I'm unique, having a baby, puberty for girls including periods, circles of change, accepting change
- Year 5 - self and body image, puberty for boys and girls, conception, looking ahead to y6.
- Year 6 - Recaps on Y5 content, discusses feelings of attraction, looking ahead to y7

You will have seen in the news that the Education Secretary announced a consultation on the teaching of sex education, but this was just before the dissolution of parliament due to the general election, so we have not received any new guidance yet.

I have attached our policy which gives more details about what we teach.

If you have any questions on these units of work or wish to look at the detailed planning and/or teaching materials, please contact school by Friday 7th June and we will be happy to make an appointment to meet you.

As parents, you have the right to withdraw your child from the additional sex education lessons.

Yours sincerely,

S. Eley
Headteacher